



Week #4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Pancakes Apple Sauce Water	Whole Grain Cheerios Cereal Orange Slices Water	Scrambled Eggs Banana Water	Cinnamon Toast Crunch Cereal Cantaloupe Water	Waffles Sugar Free Maple Syrup Orange slices Water
Lunch	Chicken Alfredo Pasta Mixed Vegetables Orange slices Water	Turkey Burger Sweet potato fries Apple Slices Water	Chicken Nuggets Tator Tots Fruit Cocktail Water	Tuna Fish Sandwich Salad Grapes Water	Chicken Fried Rice Green beans Pineapples Water
Vegetarian Lunch	Veg. Alfredo Pasta Mixed Vegetables Orange slices Water	Veg. Burger Sweet potato fries Apple Slices Water	Veg. Spring Rolls Tator Tots Fruit Cocktail Water	Mozzarella Cheese Sticks Salad grapes Water	Veg. Fried Rice Green beans Pineapples Water
PM - Snack	Vanilla Pudding Water	"Ants on a Log" Celery with Cream Cheese & Raisins Water	Yogurt Water	Cheese & Crackers Water	Apple Slices Water

**Seasonal Food Subject to Change*